

FRUITS OF THE SPIRIT SALAD





PLAY


On your next grocery shopping day, gather 9 of yours and your families favourite fruits. When home, prepare all 9 ingredients to make a fruit salad with your family. Associate every fruit with a fruit of the spirit. Use the bowl as a metaphor for you and your children. By Reading God's word, we grow closer to embodying the fruits of the spirit.


TALK


Say: This bowl represents us. Everytime we read God's word and spend time with him, we grow to embody the fruits of the spirit found in Galatians 5:22-23. (Use below as an example)


 _____ We will say Strawberry represents love. We need to love God with all we are, and love others as we love ourselves.


 _____ Oranges remind of joy. The Joy of the Lord is our strength


 _____ Pineapples remind us of peace. God gives us a peace that surpasses all understanding.


 _____ Kiwi reminds us of patience, we are still and know that He is God.

 _____ The banana is for Kindness. We are kind and compassionate to each other.

 _____ Grapes represents goodness. Surely goodness and mercy shall follow us all the days of our lives.

 _____ Blueberries remind us of faithfulness. God is faithful even if we aren't.

 _____ Mangoes can remind us of gentleness. We give our testimony with gentleness and respect.

 _____ Apricots remind us of self-control. We are quick to listen and slow to speak and slow to become angry.