

# PRAYER FOR WELL-BEING

## SCRIPTURE:

“My dear friend, I know your soul is doing well. I pray that you are doing fine in every way and that your health is good.”

3 John 2:2 ICB

## PRAYER:

Lord,

We pray for our physical and  
mental well being.

May every thought we have  
be obedient to you.

May our eyes see  
the goodness of who you are  
and our ears hear your voice.

May our hands be willing to serve others  
and our feet walk with the wise.

May our mouths be filled with truth  
and words pleasing to you  
and our hearts be engraved with your word.

Thank you Jesus, that you keep us whole.

In Jesus name

Amen

## CONFESS:

Say with boldness: I am healthy. I am whole.